

Hi Everyone!

During this time, we are here to support you. Your Breast Thermography visit is very important to us, and I hope it is to you as well.

The team at Peak Family Chiropractic are following all health and government guidelines; however, here are a few more pre-appointment tips that can make your session with me both quick and easy:

1. Any questions you may have will be answered at your consultation.
2. If you would prefer not to wear a robe – wear something that you can easily take off (or drop-down) – so your body will be easily uncovered to your waist.
3. Bring your own hairpins, accessories, while remembering all hair has to be off the neck. We will have some for use, but I know you might feel more comfortable having your own apparel.
4. Think about putting your jewelry in an envelope before coming in so you may put back on once you are back in your car.

These first three tips are essential to note and I desire to make your experience smooth and straightforward for you to have the best experience there is.

Here are some additional recommendations before your session:

-No matter if this is your first or 15th breast thermography session, you need to review the ***What You Need To Know*** sheet. There are always new tips added – and following these guidelines will bring clarity and the right thumbprint to your pictures.

-Please arrive at least 5 minutes before your scheduled appointment. Often we am ready for you, and are very conscious of being on time for both you and the next person after you. We will do our best to have you in and out and on your way.

-MOST IMPORTANT: come with your paperwork all filled out and ready.

If, for some reason, you do not have them that day with you, we will have documents for you to fill out at the front desk, but you must inform the front desk associate; this will add to your appointment time – so please be there 15 minutes ahead of the scheduled time. This gives you time to think about your answers and fill out with the most clarity.

Short Cuts for Forms

- First Breast Thermography, OR Yearly Scan: Fill out all paperwork, remembering to sign and date.
- If it is your Second Scan (establishing your baseline – 3 month after first), or scan that was recommended by your report doctor, only fill out the paperwork if there are any changes. List only the changes since your previous scan.
- If you have previously been diagnosed with breast cancer, please fill out the form that states that clearly. If you have never had breast cancer, ignore this form.

I look forward to our time together – and if you have any questions, please don't hesitate to email us at info@peakakron.com before the day of thermography.

Our office number is (330) 670-9400 if you have any questions!